

Colorado Strongman Association
Presents

Brian Shaw Strongman Classic

North American Strongman Inc. Membership required of all Contestants
NAS Memberships will be available for purchase at this show
\$20 for Teens and \$40 for Adults

PROMOTER: Brian Shaw

DATE: Saturday August 20, 2011

WEIGH-INS: 10:00AM

RULES: 10:30 AM

START TIME: 11:00 AM

*Friday Night Weigh-In Available

LOCATION:

Embassy Suites

4705 Clydesdale Parkway

Loveland, Colorado 80538

Phone Number: 970-593-6200

***Rooms are available at a discounted rate of 119.00 per night. Mention that you are with the Warrior Classic Strongman Contest. All rooms can come with up to 2 beds and a pullout bed. Refrigerator and microwave included. Breakfast is also included in the room charge. Hotel will get booked up quickly so please reserve asap for this deal.**

DIVISIONS:

-Open

WEIGHT CLASSES:

-LW 231.4

-HW over 231.5

*Weight Classes will be limited to the first 25 competitors that have their entry form in.

EVENTS:

Loading Medley (75 Sec)

LW: 190# keg, 225# keg, 225# sandbag, 250# sandbag (all carried 40 feet)

HW: 225#keg, 275# keg, 250# sandbag, 275# sandbag (all carried 40 feet)

*Only grip aid allowed is chalk. No building up of the belt. Implements can be carried in any order. No sliding of the implements is allowed. Fastest time or furthest distance wins.

Overhead Press Medley (75 Sec)

LW: 190# Keg, 220# 2" Axle, 230# 12" Log, 130# Monster DB for reps

HW: 225# Keg, 245# 2.5" Axle, 260# 12" Log, 160# Monster DB for reps

*Only grip aid allowed is chalk. Athlete can press implements in any order. All 4 implements must be pressed before extra reps on the DB count. Most reps in 75 seconds wins the event.

Car Deadlift (60 Sec)

LW: Side Handle Car Deadlift 625-650lbs

HW: Side Handle Car Deadlift 725-750lbs

*Only grip aid allowed is chalk. Straps and single ply power suit allowed. A lift and down command will be given for each rep.

Farmers Walk Medley (60 Sec)

LW: 275# Farmers, 300# IFSA replica farmers, 675# Frame carry (40 feet each)

HW: 300# Farmers, 330#IFSA replica farmers, 775# Frame carry (40 feet each)

*Only grip aid allowed is chalk. Multiple drops allowed.

Atlas Stones (4 Stones, 48" Bar, 60 Sec, Arnold Style)

LW and HW athletes can choose 2 stones to lift. Weight beats reps. 4 stone weights to choose from will be 330, 350, 375, 405

*Each athlete can attempt a max of 2 stones. Stones will be brought out in order from lightest to heaviest. One rep on a heavier stone beats any number of reps on a lighter stone.

*Events subject to change without notice

Tie Breaker event will be decided

AWARDS: Prize money, Trophies, and Supplement Bags for top 3 in each weight class.

If you want to have the advantage of going last in your division you must send your entry form in early! The order of competitors for the first event of the competition is based on date/time

that entry form is submitted. **Entry deadline is August 13, 2011.**

ENTRY FEES: \$75.00

Make All Checks Payable To: Brian Shaw
Mail Entries and Checks to:

Brian Shaw
900 South Fulton Ave
Fort Lupton, CO 80621

Entries received are non-refundable

Email/Phone number: Brian Shaw shawstrength@yahoo.com/ 303-929-4721
Website: www.shawstrength.com

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the Colorado State Fair, Sarah Macres, Colorado Strongman Association or any of its associates, North American Strongman Society, Willie or Dione Wessels, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2010 Colorado State Fair Strongman Competition and its related events, I hereby grant **NAS INC.**, and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **NAS INC.**, and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **NAS INC.** and/or any other approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **NAS INC.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ **AGE:** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE: _____ **DATE OF BIRTH:** _____

E-Mail: _____

Occupation: _____

DIVISION: _____ **WEIGHT CLASS:** _____ **Height:** _____ **T-shirt**
Size: _____

SIGNATURE: _____

(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

Do Not Write Below This Line

Date/Time Received: _____

Cash or Check: _____

T-shirt Size: _____

Weight: _____

NAS CARD # / Exp: _____

NAS Payment (Check #): _____

Division: _____ **Weight Class:** _____

REMINDER

BRING CHAIRS... BRING WATER... BRING SUNSCREEN... BRING CHAIRS... BRING WATER... BRING SUNSCREEN